

# BREAKOUT SESSIONS



**ANDREW & KERRY  
O'BRIEN**

## **Get Your House in Order: Build Your Home First**

There are times when priorities can get out of order; even if you are working hard serving God. As a result, marriage relationships and the family connection can suffer. Andrew and Kerry will teach you practical ways to prioritize your marriage and family above other things; even ministry. Come and learn how to be more effectual in serving God by building a healthy home.



**APOLLO & REBEKAH  
SULSE**

## **Help! My Spouse is Different than Me**

This class will explore how to navigate personality differences (e.g. having an extroverted spouse when you're an introverted person); and relational tips to use to resolve having different love languages, mannerisms, family backgrounds, and more.



**ERIC & CLAUDIA  
MALDONADO**

## **Marriage: A Gift from God**

Eric and Claudia will share their experience of raising a blended family and how having a God centered marriage has helped them serve their families, friends and church community. The workshop will focus on how marriage is a gift from God and they will share bible verses and principles that have been the foundation of their marriage and the opportunity to serve others. Eric & Claudia will be celebrating 8 years of marriage and they are small group leaders and serve families in East and Central County and nearby cities. Eric and Claudia are also, Brentwood campus small group team leads and have served at the Bay Church over 7 years.



**IRVING & ELAINE  
AUGUSTINE**

## **Yours, Mine, and Ours: Blended Families**

This will be an interactive session for couples and individuals in stepfamily relationships. We will explore how biblical examples apply to blended families today according to Genesis 16:1-16. Blended family marriages and relationships are different from traditional families and can be challenging. We would love to share our story and come alongside you to equip, encourage, and support you on your journey.

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**JASON & BRECHTA  
MORGAN**



**JASON & HEATHER  
BISHOP**



**JOHN & SHARON  
SMALLS**



**JOHN & CAREY  
GREGG**

## **Looking for Mr. or Mrs. Right**

Tired of the dating game? Convinced that your knight in shining armor or dream princess is lost in a deserted island, unreachable? Join into the fun as we learn how to find, attract, and stay with Mr. or Mrs. Right.

**Course Description Coming Soon!**

## **Love Like You Mean It**

Love is more than a feeling. Love is an action! This class will teach you how to make the love you share become more action packed!

## **Creating a Marriage Centered Home**

There is no doubt that children are important in the family dynamic. However, your spouse is your first priority and there are moments when we can forget that. How do you create an environment that builds a strong connection for your relationship when the children leave? This class will teach you how to establish a home that is marriage centered versus child centered.



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**MATTHEW & THERESA  
HART**



**NATHAN & DESTINY  
KENNEDY**



**NETO & KATRINA  
GRIJALVA**



**RAY & ERICA  
MENCHACA**

## **Navigating Addiction and Recovery in Your Marriage**

In thirty five percent of all divorce's addiction was cited as the reason. Moreover, addiction is the third most cited reason for women seeking divorce and the eighth most for men. Addictions can take on many forms including anger, drugs, sex, alcohol, food, gambling, shopping and many other hurts, habits or hang-ups. If one or both spouses suffer from an addiction can the marriage be saved? In this session you will learn about the tools and processes that spouses can use to save the marriage. Although saving the marriage may seem like a monumental task, we will also talk about how to make the marriage thrive post addiction so that both spouses are fulfilled.

## **Mastering Communication: Better Fights, Better Sex, Better Families**

God wants your marriage to flourish. In this session, we'll share life-changing insights and tips for taking trust and communication to the next level for God's glory and your good! Come with your spouse and get ready to explore ways to take action for the health and wholeness of your marriage and family.

## **Winning The War Before It Begins: Communication: Crucial Tips to Prevent Communication Breakdown**

What if we told you the fight against communication breakdown is often lost before the first word is even spoken! There have been countless times we started, what we thought was an ordinary conversation only to watch it devolve into a dumpster fire. From the ashes of our fires, and with God's grace and wisdom, we want to share crucial principles to prevent communication breakdown.

## **Arguing Well**

Is it bad to argue or disagree with your partner? The simple answer is, No. Conflict is not bad. It is how we engage with our partner during conflict that can be hurtful. Conflict is what enables you to name, air out, understand and alter the things in your relationship that are keeping it from being the best it can be. Join us as we dive into "arguing well" as a way to gain deeper understanding, trust and authentic connection.

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**WARNELL & TALIA  
BROOKS**



**NOE & RUBY  
GONZALES**



**KEVIN & LISA  
MOORE**



**VONTRE & DENIELLE  
MASON**

## **Take Advantage of Your Love**

It is easy to unintentionally take God's gift of love for granted. We will explore a variety of ways to appreciate the love we have, connect to the joys of our relationships, and strengthen our bond with God and each other.

## **Te Amo Pero A Veces No Me Gustas**

La Biblia nos instruye a amarnos unos a otros, pero ¿qué pasa con los momentos en que sientes que ya no te gusta tu cónyuge? Seamos realistas, ningún matrimonio es perfecto y a veces incluso puede parecer como si estuviéramos durmiendo con el enemigo. Pero, ¿sabías que es exactamente donde el enemigo de nuestras almas gana territorio en nuestra vida matrimonial? Únase a nosotros mientras aprendemos cómo estar de acuerdo en estar en desacuerdo mientras mantenemos nuestra conexión matrimonial.

## **In Sickness and In Health**

What do you do when sickness knocks on your door? Kevin and Lisa will talk openly about the experience of caring for a loved one while still keeping your vows to remain as one.

## **Building Healthy Habits for Balance**

How do you find balance for peace? Everyday we have to face peace thieves internally and externally. Starting and finishing our day in Gods word paired with healthy living routines provides us with the balance we need for protection against peace thieves!

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ISRAEL & RAQUEL  
MARTINEZ



ERICH & MICKA  
BIGGS



JASON & BREHTA  
MORGAN



SAMUEL & TAMEKA  
RANDOLPH

## **El Origen De La Relación**

Tocaremos estos temas, El hacer y querer por tu pareja, El éxito a través de la comunicación y una relación que trasciende.

## **Seasons: Navigating the “Highs and Lows” of Family Life**

Join us for an insightful breakout session where we will explore the dynamic journey of marriage and family life through every season. This session is designed to equip couples with practical tools, wisdom, and inspiration to thrive through the ups and downs that come with each stage of family life.

## **Changing Extra Ordinary to Extraordinary: Learning to Date Again!**

Think back to your first couple of dates. Did you stay out late talking, eager to see each other again after you said, “good night”? Love is in the air and intoxicating. Maybe those feelings have faded and you’re missing that excitement. What if we told you, “You could have it back”? With a bit of effort and some helpful discussion, you can feel like the romance is fresh and electric. Here’s how to date again.

## **Biblical Blueprint for Successful Communication**

Have you ever wondered how your verbal communication can be influenced by the word of God? This class will explore effective ways to communicate according to biblical principles.